

DIVING LESSONS

who: anyone who wants to learn to dive:

- entering the pool head first
- swimmers- racing dives (preparation for summer league!!!)
- divers- learning/working on specific dives

ages: any age- **MUST** be able to swim in 12 ft water

where: Friendswood High School Natatorium
1115 Falling Leaf
Friendswood, TX. 77546

when: Fridays from 4-6:30pm in 30 minute sessions

contact: Nika Cranmer
necranmer@yahoo.com
832-221-4303
bayareastardive.com

cost: 30 minutes- \$25
a one time \$14 AAU membership is required for insurance purposes

also offered: Group Diving Lessons
Friendswood High School
Monday-Wednesday 5:30-6:30pm in sessions
an introduction to the sport of spring board diving

